# The Road To School

# This tracker helps you and your child prepare for school.









# Speaking & literacy

• I like to read stories & look at picture books • I am able to talk about myself, my needs & feelings I am practising recognising my name when it's written down

# Listening & understanding

· I am able to sit still and listen for a short while · I can follow instructions I understand the need to follow rules

## Writing skills

- · I like tracing patterns & colouring in · I enjoy making marks
- · I am practising holding a pencil

# Sharing &

- · I can share toys & take turns
- · I like playing games with others
- · I like interacting with other children



level.







### Going to the toilet

- · I can go to the toilet on my own, wipe myself properly & flush
- · I can wash & dry my hands without any help

# Interest in the world & new activities

 I enjoy learning about the world around me • I am interested in exploring new activities or environments I like asking questions







What are you looking forward to the most? Is there anything you're

unsure of?

## **Routines**

- · I have practised putting on my uniform & getting ready to leave on time
- · I have a good bedtime routine so I'm not feeling tired for school
- · I'm learning to eat at the times I will on school days



# School bus

## Eating

- · I can use a knife & fork · I can open my packed lunch on my own
  - · I am confident at opening wrappers & packaging



# Self-care

- · I know when to wash my hands · I can wipe my nose • I can ask for help if I don't feel well

# Getting dressed & undressed on my own

- I can button & unbutton my shirt & use a zip · I can put my own shoes & socks on · I can change into my PE kit & put my coat on

• I am happy to be away from my mummy, daddy or my main carer
mummy, daddy or my main carer
k look after my things
look after my things
school
am happy to tidy my belongings & look after my things
school
am happy to tidy my belongings & look after my things



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When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

## Self-care

- · I know when to wash my hands
  - · I can wipe my nose
- · I can ask for help if I don't feel well

# Speaking & literacy

- I am interested in reading stories
   & looking at picture books
- I am able to talk about myself, my needs & feelings
  - I am practising recognising my name when it's written down

# Getting dressed & undressed on my own

- · I can button & unbutton my clothes
- · I can put my own shoes & socks on
- . I can put my coat on & use a zip

# Interest in the world & new activities

- . I enjoy learning about the world around me
  - I am interested in exploring new activities or environments
    - · I like asking questions

# Eating

- · I can use a knife & fork
- · I can open my packed lunch on my own
  - I am confident at opening wrappers & packaging

# Writing skills

- I like tracing patterns & colouring in
   I enjoy experimenting with different shaped scribbles
  - · I am practising holding a pencil

# Going to the toilet

 I can go to the toilet on my own, wipe myself property & flush
 I can wash & dry my hands without any help

- Independence
- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- · I am feeling confident about starting school

# Listening & understanding

- I am able to sit still and listen for a short while
  - I can follow instructions
  - · I understand the need to follow rules

## Sharing & turn taking

- · I can share toys & take turns
- . I can play games with others
- · I can interact with other children

# Counting skills

- · I enjoy practising counting objects
- · I like saying number rhymes & playing counting games
  - I can recognise some numbers when they are written down

# Routines

- · I have practised putting on my uniform
- & getting ready to leave on time

  I have a good bedtime routine so
- I'm not feeling tired for school
- · I'm learning to eat at the times I will on school days

